

GERMANTOWN

★ ATHLETIC CLUB ★

2010 Special Events – April through June

For more information, call 757-7370. Space is limited. Register at Germantown Athletic Club.

Pedal for Passes

April 2010

Get in shape for summer while earning guest passes to give to family and friends. Attend three to five cycling classes each week during the month of April and receive up to five Club guest passes. This is a free program for members. Sign up cards will be located outside the Cycle room on Monday, April 5. For more information contact Amy at alarusso@germantown-tn.gov.

Kids Night Out, Dodge Ball and Pajama Party Night

Friday, April 9, 6 to 8:30 p.m.

KNO Fee: \$15 per member, \$7.50 each additional member

DB or PPN Fee: \$10 per member, \$15 per non-member

Children ages 1 to 6 years are invited to Kids Night Out. Activities include playtime, dinner and a movie. Bring PJs and lots of energy. Kids ages 7 to 13 years are invited to the Kids Dodge Ball Tournament at Germantown Athletic Club. During the break, kids will refuel with dinner. Games will be refereed and opponents matched according to age. Girls ages 7 to 13 years are invited to Pajama Party Night. Girls may bring their sleeping bag and enjoy an age appropriate movie while getting mini manicures, pedicures and facials. Food and drink will be provided.

Ballroom Blitz

Thursdays, Intermediate at 7p.m., Beginner at 8 p.m.

Fee: \$40 per Club member, \$55 per non-member, \$60 per Club member couple and \$75 per non-member couple

Master ballroom steps in just four weeks with Germantown Athletic Club's Ballroom Blitz program. Each hour-long class will build upon skills learned in the previous class. Beginners are welcome. Partners are recommended but not necessary. A Ballroom Blitz session includes four classes. Contact the Club for session dates. For additional information contact Jerry Mills at 289-8989 or jerry@ritz.net.

Mother Daughter Paint Party

Sunday, May 2, 1 to 3:30 pm.

Age: 12 years and up

Fee: \$80 per couple, \$20 each additional daughter

Enjoy a Sunday afternoon paint party with GoGirl Art and local artist, Lisa Dick. The Mother Daughter Paint Party will take place at Buckley's Lunch Box, 919 S. Yates Road. All painting materials

are provided and each participant will take home an 8" x 24" whimsical work of art. Space for this event is limited to 20 participants. The registration deadline is Sunday, April 25.

Summer Kickoff Party and Cookout

Saturday, May 22, 11 a.m. to 3 p.m.

Fee: Free for Club members and non-members

Summer has arrived and it's time to celebrate with friends and family at the Club's outdoor aquatic facilities. This event kicks off two weeks of great membership, personal training, massage therapy, nutrition, aquatics and Club Café Specials. Enjoy great food and quality time with family and friends while you soak in the sun – don't forget the sunscreen! For more information contact Scarlet Jones at scarletj@germantown-tn.gov.

Dive-In Movies

Thursdays, June 3, June 17, July 8, July 22, and August 5 at dusk

Enjoy a movie-going experience unlike any other. Children and parents are welcome to float in the pool or relax in a lounge chair while watching family friendly G or PG-rated movies under the stars. Movies begin at dusk every other Thursday.

TurboZum

Saturday, June 5, 9:30 to 11:30 a.m.

Fee: Free for Club members, \$10 per non-member

Turn up the heat this summer with this two hour cardio combo event. Start out with a solid hour of Turbo Kick®, a combination of intense kickboxing and dance moves all perfectly choreographed to high energy and motivating music. Pair this with one hour of Zumba, a cardio and sculpting class fusing hypnotic Latin rhythms and easy-to-follow moves.

Germantown Athletic Club Summer Camps

May through July

Fee Range: \$150 - \$220 / week

Germantown Athletic Club offers a variety of summer camps with Mary Lou Johns, Wish Memories and Bits, Bytes and Bots. For more information check out the Club's website, www.germantownathleticclub.org. Brochures are available at the Club. Space is limited and registration is accepted on a first come, first serve basis. For more information contact Amy LaRusso at alarusso@germantown-tn.gov or the Club at 757-7370.

